



Cohoes City High School and Middle School October 2024 Breakfast Menu

OCTOBER
Breakfast is Free
to All Students
Attending
Cohoes City
Schools

1 Whole Grain
French Toast
Sticks, Chicken
Sausage Patty
100% Juice
Fruit Cup

2 Chicken
Sausage, Egg
and Cheese on
Bagel
100% Juice
Fruit Cup

3 Whole Grain
Waffles
Chicken
Sausage Patty
100% Juice
Fruit Cup

4 Egg and
Cheese
Sandwich
100% Juice
Fruit Cup

7 Chicken
Sausage, Egg
and Cheese
Sandwich
100% Juice
Fruit Cup

8 Scrambled Egg
and Cheese
Burrito
100% Juice
Fruit Cup

9 Breakfast Pizza
(Made with Pork
and Chicken
Products)
100% Juice
Fruit Cup

10 Whole Grain
Pancakes
Chicken
Sausage Patty
100% Juice
Fruit Cup

11 Egg and
Cheese
Sandwich
100% Juice
Fruit Cup



15 Whole Grain
French Toast
Sticks, Chicken
Sausage Patty
100% Juice
Fruit Cup

16 Chicken
Sausage, Egg
and Cheese on
Bagel
100% Juice
Fruit Cup

17 Whole Grain
Waffles
Chicken
Sausage Patty
100% Juice
Fruit Cup

18 Egg and
Cheese
Sandwich
100% Juice
Fruit Cup

21 Chicken
Sausage, Egg
and Cheese
Sandwich
100% Juice
Fruit Cup

22 Scrambled Egg
and Cheese
Burrito
100% Juice
Fruit Cup

23 Breakfast Pizza
(Made with Pork
and Chicken
Products)
100% Juice
Fruit Cup

24 Whole Grain
Pancakes
Chicken
Sausage Patty
100% Juice
Fruit Cup

25 Egg
and Cheese
Sandwich
100% Juice
Fruit Cup

28 Pork Bacon,
Egg and
Cheese
Sandwich
100% Juice
Fruit Cup

29 Whole Grain
French Toast
Sticks, Chicken
Sausage Patty
100% Juice
Fruit Cup

30 Chicken
Sausage, Egg
and Cheese on
Bagel
100% Juice
Fruit Cup

31 Whole Grain
Waffles
Chicken
Sausage Patty
100% Juice
Fruit Cup

Fruit Cup Selection
includes
Applesauce, Fruit
Cocktail, Diced
Pears and Diced
Peaches.

All breakfast meals are served complete with 100% Fruit Juice (Apple, Fruit Punch and Grape) and 1% White or Skim Milk. Additional Fruit is available as well. Adult Breakfast Price is \$3.00 plus Tax. Adult Milk is \$0.75 plus Tax.

If you have any questions regarding this menu please contact the Food Service Director, Brian Nolan at 518-237-9100 x 1411 or Email BNolan@Cohoes.org