



Cohoes CSD Elementary May 2024 Lunch Menu

MAY

**Lunch is Free to
All Students
Attending
Cohoes City
Schools**

1
Beef
Cheeseburger on
Whole Grain Roll
Tater Tots
Vegetarian
Beans
Fresh Banana

2
Whole Grain
Popcorn Chicken
Whole Grain
Dinner Roll
Steamed Zucchini
Fresh Cantaloupe
Cup

3
Whole Grain
Cheese Pizza
Red Pepper
Strips
Fresh Pear

6
Chicken Patty on
Whole Grain Roll
Steamed Broccoli
Fresh Apple

7
Brunch for Lunch
French Toast Sticks
Chicken Sausage
Tater Tots
Fresh Orange

8
Beef Hotdog on
Whole Grain Roll
Steamed Corn
Vegetarian
Beans
Fresh Banana

9
Beef Meatball on
Whole Grain Roll
Steamed Green
Beans
Fresh Grape Cup

10
Whole Grain
Cheesy
Breadstick w/
Marinara Sauce
Butternut
Squash
Fresh Pear

13
Whole Grain
Chicken Nuggets
Whole Grain
Dinner Roll
Steamed Broccoli
Fresh Apple

14
Turkey Taco
w/ Cheddar Cheese
and Lettuce on
Whole Grain Tortilla
Shell
Steamed Corn
Fresh Orange

15
Beef
Cheeseburger on
Whole Grain Roll
Tater Tots
Vegetarian
Beans
Fresh Banana

16
Whole Grain Popcorn
Chicken
Whole Grain Dinner
Roll
Steamed Zucchini
Fresh Cantaloupe Cup

17
Whole Grain
Cheese Pizza
Red Pepper
Strips
Fresh Pear

20
Whole Grain
Chicken Tenders
Whole Grain Dinner
Roll
Steamed Broccoli
Fresh Apple

21
Brunch for Lunch
French Toast Sticks
Chicken Sausage
Tater Tots
Fresh Orange

22
Beef Hotdog on
Whole Grain Roll
Steamed Corn
Vegetarian
Beans
Fresh Banana

23
Whole Grain
Cheese Pizza
Red Pepper
Strips
Steamed Green
Beans
Fruit Cocktail

24
**Contingency
Day
No School**



28
No School
½ Cup Romaine
Lettuce and ½ Cup
Baby Carrots offered
Daily
½ Cup Celery Sticks
offered Weekly.
¾ Cup Vegetarian
Beans offered Weekly.

29
Beef Cheeseburger
on Whole Grain
Roll
Tater Tots
Vegetarian Beans
Diced Pears

30
Beef Meatball on
Whole Grain Roll
Steamed Green
Beans
Fresh Strawberry
Cup

31
Whole Grain
Cheese Pizza
Red Pepper
Strips
Fresh Pear

Fat Free Chocolate Milk and Fat Free White Milk Offered with Each Meal. Assorted Deli Sandwiches w/ Cheese, Chef Salads w/ Dinner Roll and Yogurt Parfait w/ Granola, offered Daily. Adult Lunch is \$5.50 plus Tax. Adult Milk is \$0.75 plus tax.

If you have any questions, please contact Brian Nolan, Director of Food Service at 518-237-9100 x 1411 or email BNolan@Cohoes.org

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