



Cohoes City School District Pre K March 2024 Lunch Menu

MARCH

**Lunch
is Free to All
Students
Attending
Cohoes City
Schools.**

Students
can take an
additional cup of
Romaine Salad
Daily.
We offer at least 2
Fruits and 2
Vegetables Daily.

**March 7th
is Early
Dismissal.**

1 Early Dismissal
Bagged Lunch
Available
Turkey and
Cheese on Hold
Grain Roll
Baby Carrots
Fresh Apple
Chilled Milk

4 Chicken Patty on
Whole Grain roll
Steamed
Broccoli
Fresh Apple

5 Beef Taco w/
Cheddar Cheese
and Lettuce on
Whole Grain Tortilla.
Steamed Corn
Vegetarian Beans
Fresh Orange

6 Grilled Cheese
on Whole Grain
Bread
Tomato Soup
Celery Sticks
Fresh Strawberry
Cup

7 Early Dismissal
Bagged Lunch
Available
Turkey and
Cheese on Hold
Grain Roll
Baby Carrots
Fresh Apple
Chilled Milk

8 Whole Grain
Cheesy
Breadstick w/
Marinara Sauce
Tater Tots
Chilled Pineapple

11 Chicken Tenders
Whole Grain
Dinner Roll
Steamed
Broccoli
Fresh Apple

12 Brunch for Lunch
French Toast
Sticks, Chicken
Sausage Patty,
Tater Tots,
Fresh Orange

13 Beef
Cheeseburger
On Whole Grain
Roll
Vegetarian
Beans
Fresh Banana

14 Beef Meatball Sub
on Whole Grain Roll
Celery Sticks
Fresh Grape Cup

15 Whole Grain
Cheese Pizza
Fresh Sliced
Red Peppers
Fresh Pear

18 Chicken
Nuggets
Whole Grain Dinner
Roll
Steamed Broccoli
Fresh Apple

19 Beef Taco w/
Cheddar Cheese
and Lettuce on
Whole Grain
Tortilla.
Steamed Corn
Vegetarian Beans
Fresh Orange

20 Beef Hot Dog on
Whole Grain Bun
Tater Tots
Sliced Green
Peppers
Fresh Banana

21 Grilled Cheese
on Whole Grain
Bread
Tomato Soup
Celery Sticks
Fresh Strawberry
Cup

22 Whole Grain
Cheesy Breadstick
w/ Marinara Sauce
Fresh Baby Carrots
Chilled Pineapple

25 Chicken Patty
on Whole Grain
Roll
Steamed
Broccoli
Fresh Apple

26 Beef Nachos w/
Cheddar Cheese
Sauce
Steamed Corn or
Baby Carrots
Fresh Orange

27 Beef Cheeseburger
On Whole Grain
Roll
Vegetarian Beans
Fresh Banana

28 Beef Meatball
Sub on Whole
Grain Roll
Celery Sticks
Fresh Grape Cup

29 **Good
Friday
No
School**

Fat Free Chocolate Milk, 1% Skim and Fat Free
White Milk Offered with Each Meal. Assorted Deli
Sandwiches w/ Cheese, Chef Salads w/ Dinner Roll
and Yogurt Parfait w/ Granola, offered Daily. Adult
Lunch is \$5.50 plus Tax. Adult Milk is \$0.75 plus tax.

If you have any questions, please contact Brian Nolan,
Director of Food Service at 518-237-9100 x 1411 or email
BNolan@Cohoes.org

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