



Cohoes City School District Pre K January 2024 Breakfast Menu

1 	2 Breakfast is Free to All Students Attending Cohoes City Schools	3 Whole Grain Cereal String Cheese 100% Juice Fruit Cup	4 Whole Grain Pop Tart or Whole Grain Cereal Bar String Cheese	5 Nutrigrain Bar String Cheese 100% Juice Fruit Cup
8 Whole Grain Cereal String Cheese 100% Juice Fruit Cup	9 Assorted Whole Grain Muffin String Cheese 100% Juice Fruit Cup	10 Whole Grain Honey Bun String Cheese 100% Juice Fruit Cup	11 Whole Grain Blueberry Bread String Cheese 100% Juice Fruit Cup	12 Low Fat Yogurt, Whole Grain Graham Crackers 100% Juice Fruit Cup
15  No School	16 Assorted Whole Grain Muffin String Cheese 100% Juice Fruit Cup	17 Whole Grain Bagel w/ Cream Cheese 100% Juice Fruit Cup	18 Whole Grain Pop Tart or Whole Grain Cereal Bar String Cheese 100% Juice Fruit Cup	19 Nutrigrain Bar String Cheese 100% Juice Fruit Cup
22 Whole Grain Cereal String Cheese 100% Juice Fruit Cup	23 Assorted Whole Grain Muffin String Cheese 100% Juice Fruit Cup	24 Whole Grain Honey Bun String Cheese 100% Juice Fruit Cup	25 Whole Grain Banana Bread String Cheese 100% Juice Fruit Cup	26 Low Fat Yogurt, Whole Grain Graham Crackers 100% Juice Fruit Cup
29 Whole Grain Cereal String Cheese 100% Juice Fruit Cup	30 Assorted Whole Grain Muffin String Cheese 100% Juice Fruit Cup	31 Whole Grain Bagel w/ Cream Cheese 100% Juice Fruit Cup	Fruit Cup Selection includes Applesauce, Fruit Cocktail, Diced Pears and Diced Peaches.	

All breakfast meals are served complete with 100% Fruit Juice (Apple and Orange) and 1% White or Skim Milk. Additional Fruit is available as well. Adult Breakfast Price is \$3.00 plus Tax. Adult Milk is \$0.75 plus Tax.

If you have any questions regarding this menu please contact the Food Service Director, Brian Nolan at 518-237-9100 x 1411 or Email BNolan@Cohoes.org

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