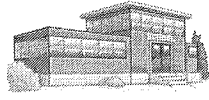




Cohoes City School District Pre K September 2023 Breakfast Menu

SEPTEMBER



Welcome Back

**Breakfast is Free
to All Students
Attending
Cohoes City
Schools**

7

Banana Bread
String Cheese
100% Juice
Fruit Cup

8

Nutrigrain Bar
String Cheese
100% Juice
Fruit Cup

11

Whole Grain
Cereal
String Cheese
100% Juice
Fruit Cup

12

Assorted Whole
Grain Muffin
String Cheese
100% Juice
Fruit Cup

13

Cinnamon
Donut
Cheese Stick
100% Juice
Fruit Cup

14

Blueberry
Bread
String Cheese
100% Juice
Fruit Cup

15

Low Fat Yogurt,
Whole Grain
Graham
Crackers
100% Juice
Fruit Cup

18

Whole Grain
Cereal
String Cheese
100% Juice
Fruit Cup

19

Assorted Whole
Grain Muffin
String Cheese
100% Juice
Fruit Cup

20

Whole Grain
Bagel w/ Cream
Cheese
100% Juice
Fruit Cup

21

Oatmeal Round
String Cheese
100% Juice
Fruit Cup

22

Nutrigrain Bar
String Cheese
100% Juice
Fruit Cup

25

Whole Grain
Cereal
String Cheese
100% Juice
Fruit Cup

26

Assorted Whole
Grain Muffin
String Cheese
100% Juice
Fruit Cup

27

Cinnamon
Donut
Cheese Stick
100% Juice
Fruit Cup

28

Banana Bread
String Cheese
100% Juice
Fruit Cup

29

Low Fat Yogurt,
Whole Grain
Graham
Crackers
100% Juice
Fruit Cup

Whole Grain
Cereal, Bagels,
Muffins and
other Items may
be offered Daily
as an
alternative.

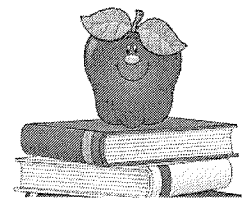
September 11th is
National
Grandparents Day.



September 13th is
National Kids Take Over
The Kitchen
Day



September 19 is



All breakfast meals are served complete with 100%
Fruit Juice and 1% White or Skim Milk. Additional
Fruit is available as well. Adult Breakfast Price is
\$3.00 plus Tax. Adult Milk is \$0.75 plus Tax.

If you have any questions regarding this menu please contact the
Food Service Director, Brian Nolan at 518-237-9100 x 1411 or Email
BNolan@Cohoes.org