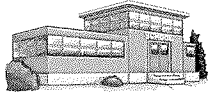




Cohoes City High School and Middle School September 2023 Breakfast Menu

SEPTEMBER



Welcome Back

Breakfast is Free to All Students Attending Cohoes City Schools.

7 Whole Grain Waffles
Chicken Sausage Patty
100% Juice
Fruit Cup

8 Egg and Cheese Sandwich
100% Juice
Fruit Cup

11 Chicken Sausage, Egg and Cheese Sandwich
100% Juice
Fruit Cup

12 Scrambled Egg and Cheese Burrito
100% Juice
Fruit Cup

13 Breakfast Pizza
100% Juice
Fruit Cup

14 Whole Grain Pancakes
Chicken Sausage Patty
100% Juice
Fruit Cup

15 Egg and Cheese Sandwich
100% Juice
Fruit Cup

18 Bacon, Egg and Cheese Sandwich
100% Juice
Fruit Cup

19 Whole Grain French Toast Sticks, Sausage Patty
100% Juice
Fruit Cup

20 Chicken Sausage, Egg and Cheese on Bagel
100% Juice
Fruit Cup

21 Whole Grain Waffles
Chicken Sausage Patty
100% Juice
Fruit Cup

22 Egg and Cheese Sandwich
100% Juice
Fruit Cup

25 Chicken Sausage, Egg and Cheese Sandwich
100% Juice
Fruit Cup

26 Scrambled Egg and Cheese Burrito
100% Juice
Fruit Cup

27 Breakfast Pizza
100% Juice
Fruit Cup

28 Whole Grain Pancakes
Chicken Sausage Patty
100% Juice
Fruit Cup

29 Egg and Cheese Sandwich
100% Juice
Fruit Cup

Whole Grain Cereal, Bagels, Muffins and Breakfast Sandwiches may be offered Daily as an alternative

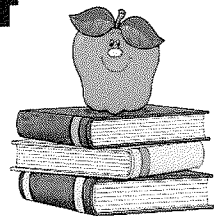
September 11th is National Grandparents Day.



September 13th is National Kids Take Over The Kitchen Day



September 9th is National Teddy Bear Day



All breakfast meals are served complete with 100% Fruit Juice and 1% White or Skim Milk. Additional Fruit is available as well. Adult Breakfast Price is \$3.00 plus Tax. Adult Milk is \$0.75 plus Tax.

If you have any questions regarding this menu please contact the Food Service Director, Brian Nolan at 518-237-9100 x 1411 or Email BNolan@Cohoes.org