



**Lunch is Free to All Students Attending Cohoes City Schools.**

**7**  
Grilled Cheese Sandwich  
Pasta Salad  
Red Pepper Strips  
Fresh Melon Cup

**8**  
Cheese Pizza  
Fresh Celery Sticks  
Fresh Pear

**11**  
Chicken Patty on Whole Grain roll  
Steamed Broccoli  
Fresh Apple

**12**  
Brunch for Lunch  
French Toast Sticks,  
Chicken Sausage Patty,  
Tater Tots, Orange Slices

**13**  
Hot Dog  
Steamed Corn  
Vegetarian Beans  
Fresh Banana

**14**  
Meatball Sub on Whole Grain Roll  
Red Pepper Strips  
Fresh Grape Cup

**15**  
Cheesy Breadstick w/ Marinara Sauce  
Sliced Cucumber  
Fresh Pear

**18**  
Chicken Nuggets  
Whole Grain Dinner Roll  
Steamed Broccoli  
Fresh Apple

**19**  
Beef Taco w/ Cheddar Cheese and Lettuce  
Steamed Corn  
Fresh Orange

**20**  
Cheeseburger  
Tater Tots  
Vegetarian Beans  
Fresh Banana

**21**  
Baked Ziti  
Dinner Roll  
Red Pepper Strips  
Fresh Melon Cup

**22**  
Cheese Pizza  
Fresh Celery Sticks  
Fresh Pear

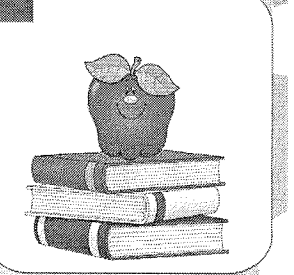
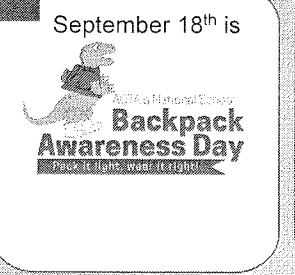
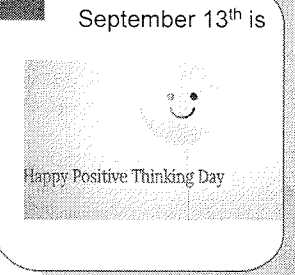
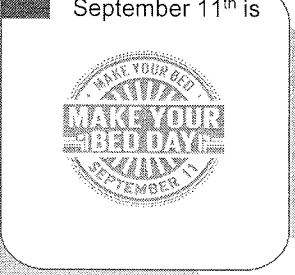
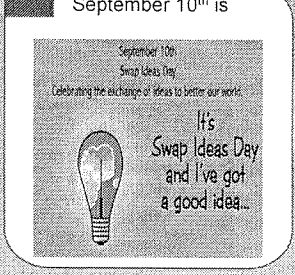
**25**  
Chicken Tenders  
Whole Grain Dinner Roll  
Steamed Broccoli  
Fresh Apple

**26**  
Brunch for Lunch  
French Toast Sticks, Chicken Sausage Patty,  
Tater Tots, Orange Slices

**27**  
Hot Dog  
Steamed Corn  
Vegetarian Beans  
Fresh Banana

**28**  
Meatball Sub on Whole Grain Bun  
Red Pepper Strips  
Fresh Grape Cup

**29**  
Cheesy Breadstick w/ Marinara Sauce  
Sliced Cucumber  
Fresh Pear



Fat Free Chocolate Milk, 1% Skim and Fat Free White Milk Offered with Each Meal. Assorted Deli Sandwiches w/ Cheese, Chef Salads w/ Dinner Roll and Yogurt Parfait w/ Granola, offered Daily. Adult Lunch is \$5.50 plus Tax. Adult Milk is \$0.75 plus tax.

If you have any questions, please contact Brian Nolan, Director of Food Service at 518-237-9100 x 1411 or email [BNolan@Cohoes.org](mailto:BNolan@Cohoes.org)