



Cohoes City School District Elementary September 2023 Breakfast Menu



**Breakfast is Free
to All Students
Attending
Cohoes City
Schools**

7
Banana Bread
String Cheese
100% Juice
Fruit Cup

8
Nutrigrain Bar
String Cheese
100% Juice
Fruit Cup

11
Whole Grain
Cereal
String Cheese
100% Juice
Fruit Cup

12
Assorted Whole
Grain Muffin
String Cheese
100% Juice
Fruit Cup

13
Cinnamon
Donut
Cheese Stick
100% Juice
Fruit Cup

14
Blueberry
Bread
String Cheese
100% Juice
Fruit Cup

15
Low Fat Yogurt,
Whole Grain
Graham
Crackers
100% Juice
Fruit Cup

18
Whole Grain
Cereal
String Cheese
100% Juice
Fruit Cup

19
Assorted Whole
Grain Muffin
String Cheese
100% Juice
Fruit Cup

20
Whole Grain
Bagel w/ Cream
Cheese
100% Juice
Fruit Cup

21
Oatmeal Round
String Cheese
100% Juice
Fruit Cup

22
Nutrigrain Bar
String Cheese
100% Juice
Fruit Cup

25
Whole Grain
Cereal
String Cheese
100% Juice
Fruit Cup

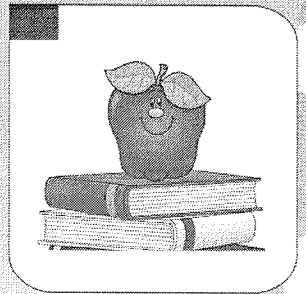
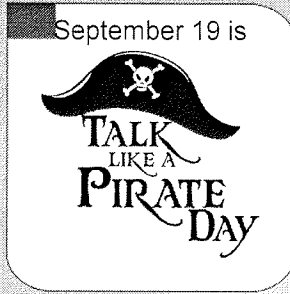
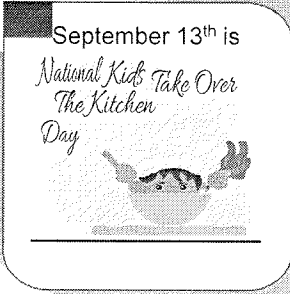
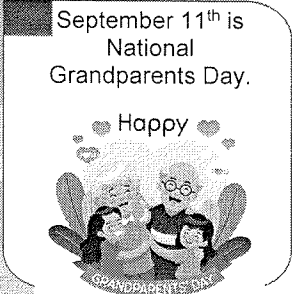
26
Assorted Whole
Grain Muffin
String Cheese
100% Juice
Fruit Cup

27
Cinnamon
Donut
Cheese Stick
100% Juice
Fruit Cup

28
Banana Bread
String Cheese
100% Juice
Fruit Cup

29
Low Fat Yogurt,
Whole Grain
Graham
Crackers
100% Juice
Fruit Cup

Whole Grain
Cereal, Bagels,
Muffins and
other Items may
be offered Daily
as an
alternative.



All breakfast meals are served complete with 100% Fruit Juice and 1% White or Skim Milk. Additional Fruit is available as well. Adult Breakfast Price is \$3.00 plus Tax. Adult Milk is \$0.75 plus Tax.

If you have any questions regarding this menu please contact the Food Service Director, Brian Nolan at 518-237-9100 x 1411 or Email BNolan@Cohoes.org

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