



Cohoes Elementary Lunch Menu May 2023

1
 Chicken Tenders
 Whole Grain
 Dinner Roll
 Steamed Broccoli
 Fresh Apple

2
 Beef Nachos w/
 Cheddar Cheese
 Sauce
 Steamed Corn
 Fresh Orange

3
 Cheeseburger
 Tater Tots
 Vegetarian
 Beans
 Banana

4
 Meatball Sub on
 Whole Grain Bun
 Red Pepper
 Strips
 Apple Sauce

5
 Cheese Pizza
 Fresh Celery
 Sticks
 Pear Cup

8
 Chicken Tenders
 Whole Grain
 Dinner Roll
 Steamed Broccoli
 Fresh Apple

9
 Brunch for Lunch
 French Toast Sticks,
 Chicken Sausage Patty,
 Tater Tots, Orange
 Slices

10
 Turkey Hot Dog
 Steamed Corn
 Vegetarian
 Beans
 Steamed Corn
 Fresh Banana

11
 Grilled Cheese
 Sandwich on
 Whole Grain
 Bread
 Pasta Salad
 Baby Carrots
 Fresh Apple

12
 Cheesy
 Breadstick w/
 Marinara Sauce
 Sliced Cucumber
 Peach Cup

15
 Chicken Patty on
 Whole Grain roll
 Steamed Broccoli
 Fresh Apple

16
 Beef Taco w/
 Cheddar Cheese
 and Lettuce
 Steamed Corn
 Fresh Orange

17
 Cheeseburger
 Tater Tots
 Vegetarian
 Beans
 Fresh Banana

18
 Baked Ziti
 Dinner Roll
 Red Pepper Strips
 Apple Sauce

19
 Cheese Pizza
 Fresh Celery
 Sticks
 Pear Cup

22
 Chicken Nuggets
 Whole Grain Dinner
 Roll
 Steamed Broccoli
 Fresh Apple

23
 Brunch for Lunch
 French Toast
 Sticks, Chicken
 Sausage Patty,
 Tater Tots, Orange
 Slices

24
 Turkey Hot Dog
 Steamed Corn
 Vegetarian
 Beans
 Steamed Corn
 Fresh Banana

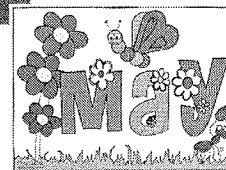
25
 Meatball Sub on
 Whole Grain Bun
 Red Pepper
 Strips
 Apple Sauce

26
 Contingency
 Day
 Possible No
 School

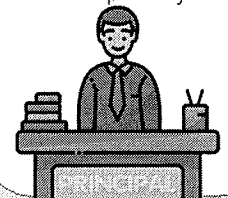


30
 Contingency
 Day
 Possible No
 School

31
 Cheeseburger
 Tater Tots
 Vegetarian Beans
 Fresh Banana



May 1st is School
 Principal Day



Fat Free Chocolate Milk, 1% Skim and Fat Free
 White Milk Offered with Each Meal. Students Eat
 Free. Adult Price is \$5.42.
 Romaine Side Salad Available with Every Lunch.

If you have any questions, please contact Brian Nolan,
 Director of Food Service at 518-237-9100 x 1411 or email
BNolan@Cohoes.org