



Daylight Savings is March 12.



1 Cheeseburger
Tater Tots
Vegetarian Beans
Banana

2 Meatball Sub on Whole Grain Bun
Red Pepper Strips
Apple Sauce

3 Cheese Pizza
Fresh Celery Sticks
Pear Cup

6 Chicken Tenders
Whole Grain Dinner Roll
Steamed Broccoli
Fresh Apple

7 Brunch for Lunch
French Toast Sticks,
Chicken Sausage Patty, Tater Tots,
Orange Slices

8 Hot Dog
Steamed Corn
Vegetarian Beans
Fresh Banana

9 Early Release Bagged Lunch Available
Turkey and Cheese Sandwich
Baby Carrots
Fresh Apple

10 Cheesy Breadstick w/
Marinara Sauce
Sliced Cucumber
Peach Cup

13 Chicken Patty on Whole Grain roll
Steamed Broccoli
Fresh Apple

14 Beef Taco w/
Cheddar Cheese and Lettuce
Steamed Corn
Fresh Orange

15 Cheeseburger
Tater Tots
Vegetarian Beans
Fresh Banana

16 Baked Ziti
Dinner Roll
Red Pepper Strips
Apple Sauce

17 Cheese Pizza
Fresh Celery Sticks
Pear Cup

20 Chicken Nuggets
Whole Grain Dinner Roll
Steamed Broccoli
Fresh Apple

21 Brunch for Lunch
French Toast Sticks, Chicken Sausage Patty,
Tater Tots, Orange Slices

22 Hot Dog
Steamed Corn
Vegetarian Beans
Fresh Banana

23 Meatball Sub on Whole Grain Bun
Red Pepper Strips
Apple Sauce

24 Cheesy Breadstick w/
Marinara Sauce
Sliced Cucumber
Peach Cup

27 Chicken Tenders
Whole Grain Dinner Roll
Steamed Broccoli
Fresh Apple

28 Beef Nachos w/
Cheddar Cheese Sauce
Steamed Corn
Fresh Orange

29 Cheeseburger
Tater Tots
Vegetarian Beans
Fresh Banana

30 Baked Macaroni and Cheese
Dinner Roll
Red Pepper Strips
Apple Sauce

31 Cheese Pizza
Fresh Celery Sticks
Pear Cup

Fat Free Chocolate Milk, 1% Skim and Fat Free White Milk Offered with Each Meal.

If you have any questions, please contact Brian Nolan, Director of Food Service at 518-237-9100 x 1411 or email BNolan@Cohoes.org