



# Cohoes City High School and Middle School March 2023 Breakfast Menu



Daylight Savings is March 12.



**1** Chicken Sausage, Egg and Cheese on Bagel  
100% Juice  
Fruit Cup

**2** Whole Grain Waffles  
Chicken Sausage Patty  
100% Juice  
Fruit Cup

**3** Egg and Cheese Sandwich  
100% Juice  
Fruit Cup

**6** Chicken Sausage, Egg and Cheese Sandwich  
100% Juice  
Fruit Cup

**7** Scrambled Egg and Cheese Burrito  
100% Juice  
Fruit Cup

**8** Breakfast Pizza  
100% Juice  
Fruit Cup

**9** Whole Grain Pancakes  
Chicken Sausage Patty  
100% Juice  
Fruit Cup


**10** Egg and Cheese Sandwich  
100% Juice  
Fruit Cup

**13** Bacon, Egg and Cheese Sandwich  
100% Juice  
Fruit Cup

**14** Whole Grain French Toast Sticks, Sausage Patty  
100% Juice  
Fruit Cup

**15** Chicken Sausage, Egg and Cheese on Bagel  
100% Juice  
Fruit Cup

**16** Whole Grain Waffles  
Chicken Sausage Patty  
100% Juice  
Fruit Cup

**17**   
Egg and Cheese Sandwich  
100% Juice  
Fruit Cup

**20** Chicken Sausage, Egg and Cheese Sandwich  
100% Juice  
Fruit Cup

**21** Scrambled Egg and Cheese Burrito  
100% Juice  
Fruit Cup

**22** Breakfast Pizza  
100% Juice  
Fruit Cup

**23** Whole Grain Pancakes  
Chicken Sausage Patty  
100% Juice  
Fruit Cup

**24** Egg and Cheese Sandwich  
100% Juice  
Fruit Cup

**27** Bacon, Egg and Cheese Sandwich  
100% Juice  
Fruit Cup

**28** Whole Grain French Toast Sticks, Chicken Sausage Patty  
100% Juice  
Fruit Cup

**29** Chicken Sausage, Egg and Cheese on Bagel  
100% Juice  
Fruit Cup

**30** Whole Grain Pancakes  
Chicken Sausage Patty  
100% Juice  
Fruit Cup

**31** Egg and Cheese Sandwich  
100% Juice  
Fruit Cup

All breakfast meals are served complete with 100% Fruit Juice and 1% White or Skim Milk. Additional Fruit is available as well.

If you have any questions regarding this menu please contact the Food Service Director, Brian Nolan at 518-237-9100 x 1411 or Email [BNolan@Cohoes.org](mailto:BNolan@Cohoes.org)