



# Cohoes City High School and Middle School November 2022 Breakfast Menu

**Breakfast is Free to All Students Attending Cohoes City Schools.**

**1**  
Whole Grain French Toast Sticks, Sausage Patty  
100% Juice  
Fruit Cup

**2**  
Chicken, Egg and Cheese Wrap  
100% Juice  
Fruit Cup

**3**  
Whole Grain Pancakes Sausage Patty  
100% Juice  
Fruit Cup

**4**  
Egg and Cheese Sandwich  
100% Juice  
Fruit Cup

**7**  
Sausage, Egg and Cheese Sandwich  
100% Juice  
Fruit Cup

**8**  
**No School**  


**9**  
Breakfast Pizza  
100% Juice  
Fruit Cup

**10**  
Whole Grain Waffles Sausage Patty  
100% Juice  
Fruit Cup

**11**  
  
**No School**

**14**  
Bacon, Egg and Cheese Sandwich  
100% Juice  
Fruit Cup

**15**  
Whole Grain French Toast Sticks, Sausage Patty  
100% Juice  
Fruit Cup

**16**  
Chicken, Egg and Cheese Wrap  
100% Juice  
Fruit Cup

**17**  
Whole Grain Pancakes Sausage Patty  
100% Juice  
Fruit Cup

**18**  
Egg and Cheese Sandwich  
100% Juice  
Fruit Cup

**21**  
Sausage, Egg and Cheese Sandwich  
100% Juice  
Fruit Cup

**22**  
Whole Grain French Toast Sticks, Sausage Patty  
100% Juice  
Fruit Cup

**23**  
**Thanksgiving Recess**  
**No School**

**24**  


**25**  
**Thanksgiving Recess**  
**No School**

**28**  
Bacon, Egg and Cheese Sandwich  
100% Juice  
Fruit Cup

**29**  
Whole Grain French Toast Sticks, Sausage Patty  
100% Juice  
Fruit Cup

**30**  
Breakfast Pizza  
100% Juice  
Fruit Cup



All breakfast meals are served complete with 100% Fruit Juice and 1% White or Skim Milk. Additional Fruit is available as well.

If you have any questions regarding this menu please contact the Food Service Director, Brian Nolan at 518-237-9100 x 1411 or Email [BNolan@Cohoes.org](mailto:BNolan@Cohoes.org)