



Cohoes City School District Elementary Breakfast November 2022 Menu

**Breakfast is Free
to All Students
Attending
Cohoes City
Schools.**

1
Assorted Whole
Grain Muffin
String Cheese
100% Juice
Fruit Cup

2
Whole Grain
Bagel
Cream Cheese
100% Juice
Fruit Cup

3
Banana Bread
String Cheese
100% Juice
Fruit Cup

4
Low Fat Yogurt,
Graham
Crackers
100% Juice
Fruit Cup

7
Whole Grain
Cereal
String Cheese
100% Juice
Fruit Cup

8

No School

9
Whole Grain
Honey Bun
String Cheese
100% Juice
Fruit Cup

10
Whole Grain
Donut
String Cheese
100% Juice
Fruit Cup

11

No School

14
Whole Grain
Cereal
String Cheese
100% Juice
Fruit Cup

15
Assorted Whole
Grain Muffin
String Cheese
100% Juice
Fruit Cup

16
Whole Grain
Bagel
Cream Cheese
100% Juice
Fruit Cup

17
Banana Bread
String Cheese
100% Juice
Fruit Cup

18
Nutrigrain Bar
String Cheese
100% Juice
Fruit Cup

21
Whole Grain
Cereal
String Cheese
100% Juice
Fruit Cup

22
Assorted Whole
Grain Muffin
String Cheese
100% Juice
Fruit Cup

23
**Thanksgiving
Recess**
No School



25
**Thanksgiving
Recess**
No School

28
Whole Grain
Cereal
String Cheese
100% Juice
Fruit Cup

29
Assorted Whole
Grain Muffin
String Cheese
100% Juice
Fruit Cup

30
Whole Grain
Honey Bun
100% Juice
Fruit Cup



All breakfast meals are served complete with 100% Fruit Juice and 1% White or Skim Milk. Additional Fruit is available as well.

If you have any questions regarding this menu please contact the Food Service Director, Brian Nolan at 518-237-9100 x 1411 or Email BNolan@Cohoes.org

This institution is an equal opportunity provider.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, or call (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

