



Cohoes Elementary School District Lunch Menu May 2021

3
Oven Baked Chicken Patty on Whole Grain Roll or Turkey and Cheese Sandwich
Baby Carrots
Fresh Apple

4
Cheeseburger on Whole Grain Roll or Ham and Cheese on Whole Grain Roll
Sliced Cucumbers
Fresh Orange

5
Hot Dog on Whole Grain Bun or Bologna and Cheese on Whole Grain Roll
Red Pepper Sticks
Vegetarian Beans
Fresh Banana

6
Chicken Tenders w/ Dinner Roll
Turkey and Cheese on Whole Grain Roll
Celery Sticks
Mixed Fruit Cocktail

7
Cheese Pizza or Tuna and Cheese on Whole Grain Roll
Baby Carrots
Applesauce

10
Oven Baked Chicken Patty on Whole Grain Roll or Turkey and Cheese Sandwich
Baby Carrots
Fresh Apple

11
Cheeseburger on Whole Grain Roll or Ham and Cheese on Whole Grain Roll
Sliced Cucumbers
Fresh Orange

12
Hot Dog on Whole Grain Bun or Bologna and Cheese on Whole Grain Roll
Red Pepper Sticks
Vegetarian Beans
Fresh Banana

13
Chicken Tenders w/ Dinner Roll
Turkey and Cheese on Whole Grain Roll
Celery Sticks
Mixed Fruit Cocktail

14
Cheese Pizza or Tuna and Cheese on Whole Grain Roll
Baby Carrots
Applesauce

17
Oven Baked Chicken Patty on Whole Grain Roll or Turkey and Cheese Sandwich
Baby Carrots
Fresh Apple

18
Cheeseburger on Whole Grain Roll or Ham and Cheese on Whole Grain Roll
Sliced Cucumbers
Fresh Orange

19
Hot Dog on Whole Grain Bun or Bologna and Cheese on Whole Grain Roll
Red Pepper Sticks
Vegetarian Beans
Fresh Banana

20
Chicken Tenders w/ Dinner Roll
Turkey and Cheese on Whole Grain Roll
Celery Sticks
Mixed Fruit Cocktail

21
Cheese Pizza or Tuna and Cheese on Whole Grain Roll
Baby Carrots
Applesauce

24
Oven Baked Chicken Patty on Whole Grain Roll or Turkey and Cheese Sandwich
Baby Carrots
Fresh Apple

25
Cheeseburger on Whole Grain Roll or Ham and Cheese on Whole Grain Roll
Sliced Cucumbers
Fresh Orange

26
Hot Dog on Whole Grain Bun or Bologna and Cheese on Whole Grain Roll
Red Pepper Sticks
Vegetarian Beans
Fresh Banana

27
Chicken Tenders w/ Dinner Roll
Turkey and Cheese on Whole Grain Roll
Celery Sticks
Mixed Fruit Cocktail

28
Contingency Day
No School Possible



31
Lunches are Free to Every Student in Cohoes Schools

Fat Free Chocolate, 1% White or Skim Milk available with every Lunch

Be Safe and Eat Healthy!
Exercise Daily!

Enjoy the warm weather
Hydrate Often!

Fat Free Chocolate, 1% White or Skim Milk available with all lunch meals.
All meals have an additional choice of ½ cup fruit and 1 cup Romaine Salad.
Chef Salads are available daily.

If you have any questions, please contact Brian Nolan, Director of Food Service at 518-237-9100 x 1411 or email BNolan@Cohoes.org