



Cohoes School District Breakfast Menu for September 2020

31

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7
**Labor Day
Observed**

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11
Whole Grain Bagel
with Cream Cheese
Assorted Cereal with
String Cheese
Apple Juice
Mixed Berry Cup

14
Whole Grain Bagel
with Cream Cheese
Assorted Cereal with
String Cheese
Apple Juice
Mixed Berry Cup

15
Blueberry Muffin
Cheese String
Assorted Cereal
Orange Juice
Diced Peaches

16
Whole Grain Honey
Bun
Cheese Stick
Assorted Cereal
Apple Juice
Fruit Cocktail

17
Whole Grain Bagel
with Cream Cheese
Assorted Cereal with
String Cheese
Apple Juice
Mixed Berry Cup

18
Low Fat Yogurt
Graham Cracker
Assorted Cereal
Orange Juice
Diced Pears

21
Whole Grain Bagel
with Cream Cheese
Assorted Cereal with
String Cheese
Apple Juice
Mixed Berry Cup

22
Blueberry Muffin
Cheese String
Assorted Cereal
Orange Juice
Diced Peaches

23
Whole Grain Honey
Bun
Cheese Stick
Assorted Cereal
Apple Juice
Fruit Cocktail

24
Whole Grain Bagel
with Cream Cheese
Assorted Cereal with
String Cheese
Apple Juice
Mixed Berry Cup

25
Low Fat Yogurt
Graham Cracker
Assorted Cereal
Orange Juice
Diced Pears

28
Whole Grain Bagel
with Cream Cheese
Assorted Cereal with
String Cheese
Apple Juice
Mixed Berry Cup

29
Blueberry Muffin
Cheese String
Assorted Cereal
Orange Juice
Diced Peaches

30
Whole Grain Honey
Bun
Cheese Stick
Assorted Cereal
Apple Juice
Fruit Cocktail

1

2

1% White or Skim Milk is available for all Breakfast Meals

Breakfast is free to all Students at Cohoes