

Welcome to our Breakfast Cafe at... Cohoes City Van Schaick Elem

March
2020

Monday	Tuesday	Wednesday	Thursday	Friday
2 Red. Sugar Cocoa Puffs String Cheese 100% Orange Juice Blend Diced Pear Cup 	3 Whole Grain Blueberry Muffin Animal Crackers Apple 100% Juice Diced Peach Cup	4 Whole Grain French Toast Slices Turkey Sausage Patty Syrup Apple 100% Juice Mixed Fruit	5 WW Bagel Cream Cheese PC 100% Orange Juice Blend Applesauce	6 Strawberry Nutri-Grain Bar String Cheese 100% Orange Juice Blend Pineapple Cup
9 Red. Sugar Trix String Cheese 100% Orange Juice Blend Diced Pear Cup 	10 Whole Grain Chocolate Chip Muffin Animal Crackers Apple 100% Juice Diced Peach Cup	11 Whole Grain Pancakes with Sausage Syrup Apple 100% Juice Mixed Fruit	12 WW Bagel Cream Cheese PC 100% Orange Juice Blend Applesauce	13 NY Strawberry Banana Yogurt Cup Animal Crackers 100% Orange Juice Blend
16 Red. Sugar Froot Loops String Cheese 100% Orange Juice Blend Diced Pear Cup 	17 Whole Grain Apple Cinnamon Crumb Muffin Animal Crackers Apple 100% Juice Diced Peach Cup	18 Whole Grain French Toast Slices Turkey Sausage Patty Syrup Apple 100% Juice Mixed Fruit	19 WW Bagel Cream Cheese PC 100% Orange Juice Blend Applesauce	20 Strawberry Nutri-Grain Bar String Cheese 100% Orange Juice Blend Pineapple Cup
23 Red. Sugar Cocoa Puffs String Cheese 100% Orange Juice Blend Diced Pear Cup 	24 Whole Grain Chocolate Chip Muffin Animal Crackers Apple 100% Juice Diced Peach Cup	25 Whole Grain Pancakes with Sausage Syrup Apple 100% Juice Mixed Fruit	26 WW Bagel Cream Cheese PC 100% Orange Juice Blend Applesauce	27 WW Honey Bun Animal Crackers 100% Orange Juice Blend
30 Red. Sugar Trix String Cheese 100% Orange Juice Blend Diced Pear Cup 	31 Whole Grain Blueberry Muffin Animal Crackers Apple 100% Juice Diced Peach Cup	<div data-bbox="747 1407 1055 1638" data-label="Text"> <p>FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!</p> </div> <div data-bbox="1071 1417 1201 1491" data-label="Image"> </div> <div data-bbox="1193 1428 1502 1648" data-label="Image"> </div>		



Join us in celebrating National Nutrition Month® throughout March, as we focus on the importance of making informed food choices, developing sound eating, and physical activity habits.



Breakfast is Free to all Elementary Students

Muffins, Bagels with Low Fat Cream Cheese, Yogurt and Assorted Cereal offered daily.

Hot Breakfast Served Each Wednesday.

Available Daily

All meals served with choice of fat free white or 1% white. If you have any questions or would like

additional information regarding this menu please contact your food service director

Brian Nolan at
237-9100 x 1411

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.